

Zeta Musings- Zeta Mu At-Large Chapter, STTI



Special points of interest:

- Induction dates for Spring April 10, 2010
- Nursing Knowledge International Book clubbook-club@nursingknowledge.org
- Odyssey comes to San Diego in October in 2010
- Zeta Mu and Gamma Gamma combined spring program TBI

Inside this issue

Letter from the President	1
Odyssey 2009 Program High-	3
Odyssey 2009 Program High-	4
Chapter Officers	5
Scholarship Announcements	6

Winter/Spring 2010

Zeta Musings

Dear Zeta Mu: From the President- Linda Hansen-Kyle

It is the end of the year (2009), but only half way into the academic year for most of us. We are looking forward to guest speakers in January. This will be followed by the deadlines for Research Awards and Scholarships in Feb or March. Then comes Induction in April... My how time flies!.

I wanted to share some STTI highlights with you. Did you know that www.nursingsociety.org is a wonderful website? Be sure to check out some of the information listed below:

Honor Society Updates

40th Biennial Convention Highlights are Available Online.—Zeta Mu at-Large was an award recipient... Chapter Key Award #4!

If you were unable to join STTI at the 40th Biennial Convention in Indianapolis, visit the convention Web site for election results, award recipients, abstract presentations, state of the society address, a highlights video and much more! We invite your chapter to save the dates 29 October-2 November 2011 for the 41st Biennial Convention in Grapevine-Dallas, Texas, USA. Information is available at www.nursingsociety.org/Events by clicking on "Biennial Convention."

STTI announces a NEW Award!

STTI is pleased to introduce the Nurse Researcher Hall of Fame. The Nurse Researcher Hall of Fame recognizes STTI members who are nurse researchers with long-term broad national and/or international recognition for their work and whose research has impacted the profession and the people it serves. Award will be presented at STTI's 21st International Nursing Research Congress, 12-16 July 2010. View award criteria or submit a nomination before 1 February 2010 by visiting www.nursingsociety.org/Awards and clicking on "Nurse Researcher."

A NEW Volunteer Interest Profile (VIPProfile) is Available.

If you are interested in volunteering for STTI, please take a moment to complete the new VIPProfile. VIPProfile is being re-launched in a new, user-friendly manner. By completing your profile, your information will be available to your chapter, as well as headquarters, to call on you for potential volunteer opportunities at the local, regional and international levels. To access the new system, visit www.nursingsociety.org/VolunteerConnect and click on "VIPProfile."

Upcoming Events

Increase your Personal and Professional Leadership Skills at Leadership Summit Hawaii!

STTI is hosting a Leadership Summit from 29-30 January 2010 in Honolulu, Hawaii, USA, to help answer this question and more. *Continuing nursing education credits* are offered for these Leadership Summit sessions focused on chapter operations and personal leadership development. More information is available on STTI's Web site at www.nursingsociety.org/STTIEvents by clicking on "Leadership Summit."

[Chapter Leaders - you can also utilize the [event flier](#) for additional information, or to post at chapter functions.]

What is an International Nursing Research Congress?

The 21st International Nursing Research Congress is a presentation forum for cutting-edge nursing research highlights and conclusions. Make plans to join STTI from 12-16 July 2010 in Orlando, Florida, USA and take part in this international assembly for nurse researchers. Register today at www.nursingsociety.org/STTIEvents by clicking on "Research Congress."

Your Membership Perspective

Take Advantage of Sigma Theta Tau International Research Grant Opportunities.

Submissions through the online grant system for co-sponsored grants will be accepted from 11 January until 1 April 2010. Grants are made possible through contributions to the Sigma Theta Tau International Foundation for Nursing's research endowment. For additional information on the grants offered by STTI, please visit www.nursingsociety.org/Research/SmallGrants.

Refer Nurse Leaders for Membership and Win Prizes!

The Member-Get-a-Member Campaign continues and STTI is still looking for extraordinary community nurse leaders to join. Participating members will receive a static sticker, recognition on STTI's Web site, recognition at an STTI event and be entered to win quarterly and grand prize drawings. Invite your friends and colleagues to apply to STTI today by visiting www.nursingsociety.org/Membership/Campaigns and clicking "Member-Get-a-Member Campaign." You can send a personal invitation to apply to STTI or provide the name and e-mail and for headquarters to contact on your behalf.

Free Resources Available from the Virginia Henderson International Nursing Library.

STTI's Virginia Henderson International Nursing Library provides free resources to registered users. Login to access six, full-text resources selected each month from CINAHL® and the Nursing Reference Center. Visitors will also find abstracts from STTI's 20th International Nursing Research Congress, abstracts from the 2009 Canadian Association of Schools of Nursing's Nursing Research Conference and much more! Visit the Virginia Henderson International Library Web site, www.nursinglibrary.org, and register today! If you are a new user to the Virginia Henderson International Nursing Library, there is an online tutorial to walk you through all the steps. Visit www.nursinglibrary.org and click on "Library Tutorial."

Are You a Nursing Student?

Check out the Student Central section of the STTI Web site today and discover resources that will help you achieve academic excellence and prepare for your nursing career. Visit www.nursingsociety.org/Student to get started!

These are just some examples of how STTI can work for you!

Here's wishing you a Grand New Year...

Linda Hansen-Kyle

President, Zeta Mu at-large Chapter, STTI





Odyssey 2009 Conference : November 12-13, 2009

Caring and Connection Through Technology: Odyssey 2009 Conference

This year, the conference was held Nov. 12-13 at the Ontario Airport Marriott Hotel. The planning committee did a fabulous job of it, and the program was both well attended, and very interesting.

The keynote address on Thursday was given by Karin Morin, President of STTI. She explored the role of technology in education and in our clinical settings. Robots as caretaker, companion, and socially intelligent responders were shown. Also used with autistic children, Robata is felt to be less threatening than humans.

On Friday the keynote address by Mary Ann Shinnick covered the impact of human patient simulation (HPS) on nursing clinical knowledge. There were 162 students given a pre-test and post-test to determine if HPS achieved gains in clinical knowledge. Debriefing was found to be highly important to the process.

On both days there were concurrent sessions of Education and Clinical Practice. There was also time to see the exhibits, posters, and have refreshments. The meals we were served were delicious, and we all gained at least five pounds.

A highly interactive fishbowl session was presented on Distance Learning, and it ended the Thursday schedule. A panel discussion of the use of simulation in nursing education completed the Friday session.

There was a moment of silence for the three nurses who died in the tragedy at Ft. Hood. One of the nurses was from San Diego.

Following is a summary of presentations and posters by Zeta Mu at Large Members, alumni from USD and Point Loma, and nurses who work in the San Diego area. Apologies if we missed anyone for the newsletter!!!

Lori Burnell presented a study using an instrument (Patient Compassionate Assessment Respecting Expectations) which synthesized 29 items from the 10 highest scoring statements; the readability calculated to a grade of 7.6; this tool is now ready to be trialed with hospitalized patients.

Kathleen Stacy looked at contextual factors influencing the RN's response to Alarms, and the themes that emerged included: perceived importance of the alarm, experience, unit leadership and culture, patient characteristics and fatigue. The research was partially funded with a Zeta Mu grant.

Mary Ellen Dellefield and Martha Shively tested a method of directly Observing CNAs performing care processes associated with pressure ulcers in two nursing homes, and found that more than half of care performed was not associated with a specific clinical domain.

Barbara Rose used the Beck Depression Inventory to study gender influences on depression and immune status in colorectal cancer. There were no significant . Zeta Mu Chapter-at-large also sponsored

**Zeta Mu- At-Large
and Gamma Gamma
Chapters:**

**Induction Date is
April 10, 2010**

**Point Loma
Nazarene University
campus**



Odyssey 2009 Conference : November 12-13, 2009

here were no significant differences between men and women; age was a significant factor in depression scores.

Pamela Kohlbry did a study about the effect of a cultural service learning project on BSN students, and their level of cultural competence. Analysis is currently in process.

Denise Kohler used a Readability Plus computer software program to simplify patient instructions about their colonoscopy, and measured patients' perceptions of their ability to comprehend the information. Zeta Mu Chapter-at-large also sponsored this study with a grant.

Felicitas A. dela Cruz (and several other researchers) reported MEPN innovations (SCAN or Second Careers and Nursing) for a program which was launched quickly, and needed modifications based on student evaluations.

Several changes were made as a result of their findings. She also described the dietary patterns and food preference changes of Filipino Americans; most have rice as their staple, and half of the participants eat more meat than when living in their native country.

Patricia F. Hanes discussed the use of different, engaging reflective discussion strategies in online and blended classrooms. Students reported high levels of learning and satisfaction using these techniques.

Judy Davidson (along with other researchers) discussed poetic transcription to explore the concept of caring. The poems were meant to capture the essence of what is like to be a caring nurse (based on Sr. Simone Roach's model of caring). Along with Caroline Brown, she displayed a poster about the use of evidence in clinical problem solving.

Dana Rutledge (with Katie Skelton) reported on staff nurse clinical experts in evidence-based practice, following one year of education/support. A second study (with 3 other researchers) covered fall predictors in persons 50+ with fibromyalgia, and found that falls have multiple causes, and multiple predictors.

Next year, the conference will be held in San Diego, so be sure to attend! For faculty, it is an excellent chance for your students to be introduced to research findings, mentoring and networking.



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**Odyssey 2010
Will be right here
in San Diego!**

3rd Annual Advanced Nursing Celebration

Join us for a wonderful day of celebration with our guest speaker, Ann Mayo, DNSc,

RN, CNS, our award recipients and their guests, as well as many members of the local nursing community! Monday, April 26, 2010 from 4:00 - 6:00 pm in Crill Auditorium in the Cooper Music building located on the beautiful Point Loma Nazarene

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Sigma Theta Tau International
Honor Society of Nursing®

Zeta Mu Chapter-at –Large

2010 Scholarship Announcement

To be awarded:

3 \$1,000 Scholarships to Nursing Students:
Undergraduate
Graduate
Doctoral Student

**Applications for the 2010 Scholarships should be
Received electronically by March 29, 2010.**

Applications are available at the USD and PLNU websites & <http://www.humabout.net/zetamu/index.html>

Chapter Key Awards 2011

Chapter Key Award Recipients will be presented at the 40th Biennial Convention. The Chapter Key Award, established in 1991, honors chapters who excel in chapter-related activities such as:

- membership recruitment and retention
 - publicity and programming
 - professional and leadership development
- local, national and international collaboration

2011 Chapter Key Awards

Chapters are encouraged to work throughout the biennium to prepare their entries.

Eligibility

All active Sigma Theta Tau International chapters in good standing are eligible for this award. The award is for chapter excellence in activities covering the period from **1 July 2009 to 30 June 2011**.

